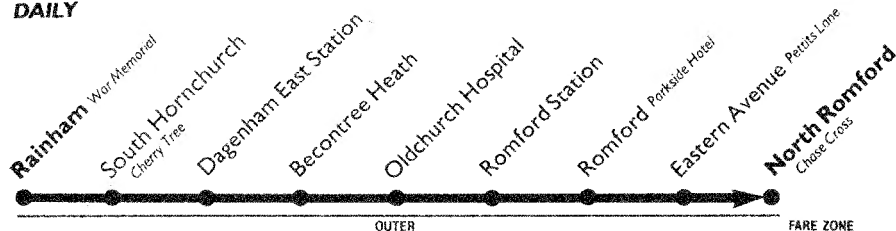


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Mondays to Fridays

Rainham War Memorial	05:46	06:06	06:26	06:43	07:01	07:16		09:30	09:42	09:53		15:29	15:40	15:51	16:02	16:12
South Hornchurch Cherry Tree	05:50	06:10	06:30	06:47	07:05	07:20		09:34	09:46	09:57		15:33	15:44	15:55	16:06	16:16
Dagenham East Station	05:57	06:17	06:37	06:54	07:12	07:27		09:43	09:53	10:04		15:40	15:51	16:03	16:14	16:24
Dagenham Four Wanzel Corner	06:00	06:20	06:40	06:57	07:15	07:30		09:46	09:56	10:07		15:43	15:54	16:06	16:17	16:27
Becontree Heath Civic Centre	06:04	06:24	06:44	07:01	07:19	07:34		09:51	10:00	10:11		15:47	15:58	16:10	16:21	16:31
Romford Station	06:12	06:32	06:52	07:09	07:27	07:43	Then about every 10 minutes until	10:00	10:09	10:20	Then every 12-13 minutes until	15:56	16:08	16:20	16:31	16:41
Romford Market	06:15	06:35	06:55	07:12	07:30	07:46		10:03	10:12	10:23		15:59	16:12	16:24	16:35	16:45
Romford North Street Garage	06:18	06:38	06:58	07:15	07:33	07:49		10:06	10:15	10:26		16:02	16:15	16:27	16:38	16:48
North Romford Chase Cross	06:27	06:47	07:07	07:24	07:42	07:58		10:18		10:38		16:15	16:28	16:40	16:51	17:01

Rainham War Memorial	16:22	16:31	16:41	16:50	17:00	17:10	17:19	17:28	17:38	17:47	17:56	18:06	18:16	18:25	18:36	18:46	18:54	19:06
South Hornchurch Cherry Tree	16:26	16:35	16:45	16:54	17:04	17:14	17:23	17:32	17:42	17:51	18:00	18:10	18:20	18:29	18:40	18:50	18:58	19:10
Dagenham East Station	16:34	16:43	16:53	17:02	17:12	17:22	17:31	17:40	17:50	17:59	18:08	18:18	18:28	18:37	18:47	18:57	19:05	19:17
Dagenham Four Wanzel Corner	16:37	16:46	16:56	17:05	17:15	17:25	17:34	17:43	17:53	18:02	18:11	18:21	18:31	18:40	18:50	19:00	19:08	19:20
Becontree Heath Civic Centre	16:41	16:50	17:00	17:09	17:19	17:29	17:38	17:47	17:57	18:06	18:15	18:25	18:35	18:44	18:54	19:04	19:12	19:24
Romford Station	16:51	17:00	17:10	17:19	17:29	17:39	17:48	17:57	18:07	18:16	18:25	18:35	18:44	18:53	19:03	19:13	19:21	19:32
Romford Market	16:55	17:04	17:14	17:23	17:33	17:43	17:52	18:01	18:11	18:20	18:29	18:38	18:47	18:56	19:06	19:16	19:24	19:35
Romford North Street Garage	16:58	17:07	17:17	17:26	17:36	17:46	17:55	18:04	18:14	18:23	18:32	18:41	18:50	18:59	19:09	19:19	19:27	19:38
North Romford Chase Cross	17:11	17:20	17:30	17:39	17:49	17:59	18:08	18:17	18:27	18:36	18:45	18:51		19:09		19:28		19:47

Rainham War Memorial	19:19	19:36	19:51	20:06			36	06		23:36	00:06							
South Hornchurch Cherry Tree	19:23	19:40	19:55	20:10			40	10		23:40	00:10							
Dagenham East Station	19:30	19:47	20:02	20:17		Then at these minutes	47	17		23:47	00:17							
Dagenham Four Wanzel Corner	19:33	19:50	20:05	20:20			50	20		23:50	00:20							
Becontree Heath Civic Centre	19:37	19:54	20:09	20:24			54	24	UNTIL	23:54	00:24							
Romford Station	19:45	20:02	20:17	20:32			past each hour	32		00:02	00:32							
Romford Market	19:48	20:05	20:20	20:35			35	35		00:05	00:35							
Romford North Street Garage	19:51	20:08	20:23	20:38			38	38		00:08	00:38							
North Romford Chase Cross		20:17		20:47			47	47		00:17								

Saturdays

Rainham War Memorial	05:37		06:07	06:27	06:47	07:07	07:27	07:47	08:07	08:26	08:44	09:00		09:19	09:29	09:39	09:48	10:00
South Hornchurch Cherry Tree	05:41		06:11	06:31	06:51	07:11	07:31	07:51	08:11	08:30	08:48	09:04		09:23	09:33	09:43	09:52	10:04
Dagenham East Station	05:48		06:18	06:38	06:58	07:18	07:38	07:58	08:18	08:37	08:55	09:12		09:31	09:41	09:51	10:00	10:11
Dagenham Four Wanzel Corner	05:51		06:21	06:41	07:01	07:21	07:41	08:01	08:21	08:40	08:58	09:15		09:34	09:44	09:54	10:03	10:14
Becontree Heath Civic Centre			06:25	06:45	07:05	07:25	07:45	08:05	08:25	08:44	09:02	09:20	09:30	09:39	09:49	09:59	10:08	10:18
Romford Station			06:33	06:53	07:13	07:33	07:53	08:13	08:33	08:52	09:11	09:29	09:39	09:48	09:58	10:08	10:18	10:28
Romford Market			06:36	06:56	07:16	07:36	07:56	08:16	08:36	08:55	09:14	09:32	09:42	09:51	10:02	10:12	10:22	10:32
Romford North Street Garage			06:39	06:59	07:19	07:39	07:59	08:19	08:39	08:58	09:17	09:35	09:45	09:54	10:05	10:15	10:25	10:35
North Romford Chase Cross			06:29	06:48	07:08	07:28	07:48	08:08	08:28	08:48	09:07	09:26	09:44	09:54	10:05	10:17	10:27	10:37

Rainham War Memorial	10:10			20	30	40	50	00	10	17:50	17:58	18:06	18:19	18:27	18:36	18:51	19:06	19:36	20:06	
South Hornchurch Cherry Tree	10:14		Then	24	34	44	54	04	14	17:54	18:02	18:10	18:23	18:31	18:40	18:55	19:10	19:40	20:10	
Dagenham East Station	10:21			31	41	51	01	11	21	18:01	18:09	18:17	18:30	18:38	18:47	19:02	19:17	19:47	20:17	
Dagenham Four Wanzel Corner	10:24		at these	34	44	54	04	14	24	18:04	18:12	18:20	18:33	18:41	18:50	19:05	19:20	19:50	20:20	
Becontree Heath Civic Centre	10:28		minutes	38	48	58	08	18	28	UNTIL	18:08	18:16	18:24	18:37	18:45	18:54	19:09	19:24	19:54	20:24
Romford Station	10:38		past	48	58	08	18	28	38	18:18	18:24	18:32	18:45	18:53	19:02	19:17	19:32	20:02	20:32	
Romford Market	10:42		each	52	02	12	22	32	42	18:22	18:27	18:35	18:48	18:56	19:05	19:20	19:35	20:05	20:35	
Romford North Street Garage	10:45		hour	55	05	15	25	35	45	18:25	18:30	18:38	18:51	18:59	19:08	19:23	19:38	20:08	20:38	
North Romford Chase Cross	10:57			07	17	27	37	47	57	18:37		18:47	19:00		19:17		19:47	20:17	20:47	

Rainham War Memorial	20:36		06	36						23:36	00:06								
South Hornchurch Cherry Tree	20:40		Then	10	40					23:40	00:10								
Dagenham East Station	20:47		at	17	47					23:47	00:17								
Dagenham Four Wanzel Corner	20:50		these	20	50					23:50	00:20								
Becontree Heath Civic Centre	20:53		minutes	24	54					23:54	00:24								
Romford Station	21:02		past	32	02					00:02	00:32								
Romford Market	21:05		each	35	05					00:05	00:35								
Romford North Street Garage	21:08		hour	38	08					00:08	00:38								
North Romford Chase Cross	21:17			47	17					00:17									

Sundays (and National Public Holidays)

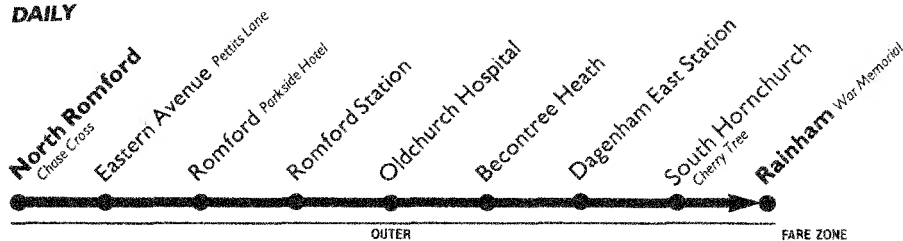
Rainham War Memorial	07:06	07:51	08:36	09:21	10:06			10:51	11:36			06	36			23:36	00:06		
South Hornchurch Cherry Tree	07:10	07:55	08:40	09:25	10:10			10:55	11:40			10	40			23:40	00:10		
Dagenham East Station	07:17	08:02	08:47	09:32	10:17			11:02	11:47			17	47			23:47	00:17		
Dagenham Four Wanzel Corner	07:20	08:05	08:50	09:35	10:20			11:05	11:50			20	50			23:50	00:20		
Becontree Heath Civic Centre	07:24	08:09	08:54	09:39	10:24			11:09	11:54			24	54	UNTIL		23:54	00:24		
Romford Station	07:32	08:17	09:02	09:47	10:32			11:17	12:02			32	02			00:02	00:32		
Romford Market	07:35	08:20	09:05	09:50	10:35			11:20	12:05			35	05			00:05	00:35		
Romford North Street Garage	07:38	08:23	09:08	09:53	10:38			11:23	12:08			38	08			00:08	00:38		
North Romford Chase Cross	06:50	07:47	08:32	09:17	10:02	10:47	11:17	11:32	12:17			47	17			00:17			

B - Continues to or starts from Becontree Heath Bus Station.

C - Starts from Romford Parkside Hotel.

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Mondays to Fridays

North Romford Chase Cross	0632	0652	0712	0722	0903	0913	0922	0932
Romford North Street Garage	A	A	A	0640	0720	A	A	0730	0917	0927	0936	0944
Romford Market	0512	0532	0552	0609	0627	0642	0651	0702	0711	0717	0722	0733	0820	0936	0946
Romford Station	0515	0535	0555	0612	0630	0645	0654	0705	0714	0720	0725	0736	0923	0933	0942
Becontree Heath Civic Centre	0523	0543	0603	0620	0638	0653	0702	0713	0722	0728	0733	0746	10	0933	0951
Dagenham Four Wantz Corner	0527	0547	0607	0624	0642	0657	0706	0717	0726	0732	0737	0750	minutes	0937	0955
Dagenham East Station	0530	0550	0610	0627	0645	0700	0709	0720	0729	0735	0740	0753	until	0940	0958
South Hornchurch Cherry Tree	0537	0557	0617	0634	0652	0707	0716	0727	0736	0742	0748	0801	0948	1006
Rainham War Memorial	0541	0601	0621	0638	0656	0711	0720	0731	0740	0746	0752	0805	0952	1010
North Romford Chase Cross	0941	1451	1505	1519	1826	1843	1901	1922	52	22	2322	2352
Romford North Street Garage	0951	1501	A	1515	1529	1835	1852	1910	1930	Then	00	30	2330
Romford Market	0954	1504	1514	1518	1532	1837	1854	1912	1932	at	02	32	2332
Romford Station	0957	1507	1517	1521	1535	1840	1857	1915	1935	these	05	35	2335
Becontree Heath Civic Centre	1006	12-13	1516	1526	1530	1544	10	1849	1906	1923	1935	mins.	13	43
Dagenham Four Wantz Corner	1010	mins.	1520	1530	1534	1548	mins.	1853	1910	1927	1947	past	17	47
Dagenham East Station	1013	until	1523	1533	1537	1551	until	1856	1913	1930	1950	each	20	50
South Hornchurch Cherry Tree	1021	1531	1541	1545	1559	1904	1921	1937	1957	hour	27	57	2357
Rainham War Memorial	1025	1535	1545	1549	1603	1908	1925	1941	2001	31	01	0001

Saturdays

North Romford Chase Cross						0634	0653	0713	0733	0753	0813	0833		0853			0912	0922	
Romford North Street Garage		A	A	A	A	0642	0701	0721	0741	0801	0821	0841	A	0901			0922	0932	
Romford Market	0502	0505		0602	0622	0644	0703	0723	0743	0803	0823	0843	0854	0904	0909	0913	0925	0935	
Romford Station	0505	0535		0605	0625	0647	0706	0726	0746	0806	0826	0846	0857	0908	0913	0917	0929	0939	
Becontree Heath Civic Centre	0513	0543	B	0613	0633	0655	0714	0734	0754	0814	0834	0854	0905	0916	0921	0925	0937	0947	
Dagenham Four Wantz Corner	0517	0547	0607	0617	0637	0659	0718	0738	0758	0818	0838	0858	0909	0920	B	0929	0941	0951	
Dagenham East Station	0520	0550	0610	0620	0640	0702	0721	0741	0801	0821	0841	0901	0912	0923		0932	0944	0954	
South Hornchurch Cherry Tree	0527	0557	0617	0627	0647	0709	0728	0748	0808	0828	0848	0908	0919	0930		0939	0951	1001	
Rainham War Memorial	0531	0601	0621	0631	0651	0713	0732	0752	0812	0832	0852	0912	0923	0934		0943	0955	1005	
North Romford Chase Cross	0932		0942	0952	1002			12	22	32	42	52	02	1742	1802	1822	1852	1922	1952
Romford North Street Garage	0942	A	0952	1002	1013	Then at		23	33	43	53	03	13	1753	1810	1830	1900	1930	2000
Romford Market	0945	0951	0955	1005	1016	26	36	46	56	06	16	26	36	1756	1812	1832	1902	1932	2002
Romford Station	0949	0955	0959	1009	1020	these minutes	30	40	50	00	10	20	30	1800	1815	1835	1905	1935	2005
Becontree Heath Civic Centre	0957	1003	1009	1019	1030	past	40	50	00	10	20	30	40	1810	1823	1843	1913	1943	2013
Dagenham Four Wantz Corner	1001	1007	1013	1023	1034	each	44	54	04	14	24	34	44	1814	1827	1847	1917	1947	2017
Dagenham East Station	1004	1010	1016	1026	1037	hour	47	57	07	17	27	37	47	1817	1830	1850	1920	1950	2020
South Hornchurch Cherry Tree	1011	1017	1023	1033	1044	54	04	14	24	34	44	54	04	1824	1837	1857	1927	1957	2027
Rainham War Memorial	1015	1021	1027	1037	1048	UNTIL	58	08	18	28	38	48	58	1828	1841	1901	1931	2001	2031
North Romford Chase Cross	2022			52	22			2322	2352	0022									
Romford North Street Garage	2030	Then at	00	30				2330	2400	0030									
Romford Market	2032	02	32					2332											
Romford Station	2035	these minutes	05	35				2335											
Becontree Heath Civic Centre	2043	13	43					2343											
Dagenham Four Wantz Corner	2047	past	17	47				2347											
Dagenham East Station	2050	each	20	50				2350											
South Hornchurch Cherry Tree	2057	hour	27	57				2357											
Rainham War Memorial	2101		31	01				0001											

Sundays (and National Public Holidays)

North Romford Chase Cross	0656	0752	0837	0922	1007	1052	22	52	2322	2352	0022
Romford North Street Garage	A	0704	0800	0845	0930	1015	1100	Then at	2330	2400	0030
Romford Market	0632	0706	0802	0847	0932	1017	1102	these minutes	2332
Romford Station	0635	0709	0805	0850	0935	1020	1105	past	2335
Becontree Heath Civic Centre	0643	0717	0813	0858	0943	1028	1113	each	2343
Dagenham Four Wantz Corner	0647	0721	0817	0902	0947	1032	1117	hour	2347
Dagenham East Station	0650	0724	0820	0905	0950	1035	1120	UNTIL	2350
South Hornchurch Cherry Tree	0657	0731	0827	0912	0957	1042	1127	...	2357
Rainham War Memorial	0701	0735	0831	0916	1001	1046	1131	...	0001

A - Starts from Romford North Street/The Avenue.

B - Continues to or starts from Becontree Heath Bus Station.